








SEPTEMBER ACTIVITIES

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|--|---|---|
| | | | <p>1. 9:30 IL, AL, Moments Exercise/Activity 10:00 Deacon Doug Mass - Communion - 3rd Floor 1:00 IL, AL, Moments Activity/Rosary <i>National No Rhyme (Nor Reason) Day</i></p> | <p>2. 9:30 BINGO IL & AL Dining Room 1:00 BINGO Moments <i>65th Anniversary of Victory over Japan</i></p> | <p>3. 9:30 IL, AL, Moments 3rd Floor Exercise 1:00 IL, AL, Moments 3rd Floor Activity/Craft <i>Labor Day Weekend →</i></p> | <p>4.  <i>Labor Day Weekend →</i></p> |
| <p>5.  <i>Labor Day Weekend →</i></p> | <p>6. 9:30 Czipar's Apple Orchard 1:00 Movie: Apple Dumpling Gang - 3rd Floor <i>National Waffle Week</i></p> | <p>7. 9:30 BINGO IL & AL - Dining Room 1:00 BINGO Moments <i>Movie: Music Man - 3rd Floor</i></p> | <p>8. 9:30 IL, AL, Moments Exercise/Activity 10:00 Deacon Doug Mass - Communion - 3rd Floor 1:00 IL, AL, Moments Activity/Rosary <i>Premiere of Star Trek (1966)</i></p> | <p>9. 9:30 BINGO IL & AL Dining Room 1:00 Mass/Confession AL, IL, Moments in AL/IL Dining <i>Home Remedy Day for Hot Flashes</i></p> | <p>10. 9:30 IL, AL, Moments 3rd Floor Exercise 1:00 IL, AL, Moments 3rd Floor Activity/Craft <i>Swap Ideas Day</i></p> | <p>11.  <i>20th Anniversary of 9/11 (2001)</i></p> |
| <p>12.  <i>Grandparents Day</i> <i>National Assisted Living Week → (9/12 - 9/18)</i></p> | <p>13. 11:30 Live Music with Chris Ross & Lunch Outside - Residents Only 1:00 Kathy Kelly - Surprise Topic <i>Fortune Cookie Day</i></p> | <p>14. 9:30 BINGO IL & AL - Dining Room 1:00 BINGO Moments <i>Premiere of Golden Girls (1985)</i></p> | <p>15. 9:30 IL, AL, Moments Exercise/Activity 10:00 Deacon Doug Mass - Communion - 3rd Floor 1:00 IL, AL, Moments Activity/Rosary <i>Make a Hat Day</i></p> | <p>16. 9:00 - 1:00 2021 Senior Expo: Dubuque Fairgrounds <i>Premiere of M*A*S*H (1972)</i></p> | <p>17. 9:30 IL, AL, Moments 3rd Floor Exercise 1:00 IL, AL, Moments 3rd Floor Stages of Dementia Presentation <i>Apple Dumpling Day</i></p> | <p>18.  <i>Eat An Apple Day</i></p> |
| <p>19.  <i>Talk Like a Pirate Day</i> <i>Balance Awareness Week (9/19 - 9/25)</i></p> | <p>20. 9:30 IL, AL, Moments Exercise/Activity 1:00 IL, AL, Moments Activity/Craft <i>Japan: Respect for the Aged Day</i></p> | <p>21. 9:30 BINGO IL & AL - Dining Room 1:00 BINGO Moments <i>International Day of Peace</i></p> | <p>22. 9:30 Road Trip to Vesperman's Farm (Leave from 1st Floor) <i>Patent of the Ice Cream Cone (1903)</i></p> | <p>23. 9:30 BINGO IL & AL Dining Room 1:00 BINGO Moments <i>Full Moon/Harvest Moon</i></p> | <p>24. 9:30 IL, AL, Moments 3rd Floor Exercise 1:00 IL, AL, Moments 3rd Floor Activity/Craft <i>Active Aging Week (9/24 - 9/30)</i></p> | <p>25.  <i>National Hunting & Fishing Day</i></p> |
| <p>26.  <i>National Good Neighbor Day</i></p> | <p>27. 9:30 IL, AL, Moments Exercise/Activity 1:00 IL, AL, Moments Activity/Craft <i>Night Show (1954)</i></p> | <p>28. 9:30 BINGO IL & AL - Dining Room 1:00 BINGO Moments <i>Premiere Hazel (1961)</i></p> | <p>29. 9:30 IL, AL, Moments Exercise/Activity 10:00 Deacon Doug Mass - Communion - 3rd Floor 1:00 IL, AL, Moments Activity/Rosary <i>Birthday: The Flintstones (1960)</i></p> | <p>30. 9:30 BINGO IL & AL Dining Room 1:00 BINGO Moments 1:00 Ecumenical Service 3rd Floor <i>Chewing Gum Day</i></p> | | |

