



# October Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. <u>Lunch</u> Swedish Meatballs Mashed Potatoes and Gravy Corn  <u>Supper</u> Beef Stew Biscuit	2. <u>Lunch</u> Roast Turkey Oven Browned Potatoes Carrots  <u>Supper</u> Cheeseburger on a Bun Potato Spudz	3. <u>Lunch</u> Pork Carnita Enchiladas Spanish Rice  <u>Supper</u> California Medley Soup Dinner Roll	4. <u>Lunch</u> Seafood Basket Tri Tater Coleslaw  <u>Supper</u> Taco Salad	5. <u>Lunch</u> Fried Chicken Mashed Potatoes and Gravy Corn  <u>Supper</u> Goulash Green Beans
6. <u>Lunch</u> Spaghetti And Meat Sauce Brussel Sprouts Garlic Bread Stick  <u>Supper</u> Chicken Sandwich Macaroni and Cheese	7. <u>Lunch</u> Roast Turkey Stuffing Malibu Blend  <u>Supper</u> Tater Tot Casserole	8. <u>Lunch</u> Fish Rice Capri Blend  <u>Supper</u> Chicken Alfredo Bake	9. <u>Lunch</u> Smothered Steak Au Gratin Potatoes Peas  <u>Supper</u> Tomato Soup Grilled Cheese Sandwich	10. <u>Lunch</u> BBQ Country Style Ribs Hash Browns Cheesy Cauliflower  <u>Supper</u> Cheese Burger Baked Beans	11. <u>Lunch</u> Fried Chicken Mashed Potatoes & Gravy Green Bean Casserole  <u>Supper</u> Breakfast Casserole Cinnamon Roll	12. <u>Lunch</u> Salisbury Steak Baked Potato Malibu Blend  <u>Supper</u> Chili Dog Tri Tate
13. <u>Lunch</u> Au Gratin Potatoes and Ham Edamame Blend  <u>Supper</u> Meatballs in Sauce Hash Browns W/ Green Peppers and Onions	14. <u>Lunch</u> Pot Roast Mashed Potatoes & Gravy Carrots  <u>Supper</u> Chicken Strip Tri Tater Cascade Blend	15. <u>Lunch</u> Hamburger Steak W/ Gravy, Mushrooms, Onions Rice & Pea  <u>Supper</u> Sausage Gravy Over a Biscuit Corn	16. <u>Lunch</u> Baked Ham Sweet Potatoes Edamame Blend  <u>Supper</u> Tuna Salad on a Croissant Chips	17. <u>Lunch</u> Lasagna Green Beans Garlic Bread Stick  <u>Supper</u> Chili Cornbread	18. <u>Lunch</u> Fish Party Potatoes Corn  <u>Supper</u> Homemade Chicken Noodle Soup	19. <u>Lunch</u> Meatloaf Baked Potato Malibu Blend  <u>Supper</u> Chicken Carnitas Taco Salad
20. <u>Lunch</u> Beef Tips and Noodles Broccoli  <u>Supper</u> Bubble Pizza	21. <u>Lunch</u> Apple Crusted Pork Chop Au Gratin Potatoes Asparagu  <u>Supper</u> Sloppy Joe Baked Beans	22. <u>Lunch</u> Swedish Meatballs Mashed Potatoes and Gravy Corn  <u>Supper</u> Beef Stew Biscuit	23. <u>Lunch</u> Roast Turkey Oven Browned Potatoes Carrots  <u>Supper</u> Cheeseburger on a Bun Potato Spudz	24. <u>Lunch</u> Pork Carnita Enchiladas Spanish Rice  <u>Supper</u> Chili Supper Cornbread	25. <u>Lunch</u> Seafood Basket Tri Tater Coleslaw  <u>Supper</u> Taco Salad	26. <u>Lunch</u> Fried Chicken Mashed Potatoes and Gravy Corn  <u>Supper</u> Goulash Green Beans
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