



# September Menu



| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday  |
|---|--|---|--|--|---|---|
| <p>1. <b>Lunch</b><br/>Au Gratin Potatoes and Ham<br/>Edamame Blend</p> <p><b>Supper</b><br/>Meatballs in Sauce<br/>Hashbrowns W/ Green Peppers and Onions</p>  | <p>2. <b>Lunch</b><br/>Hamburger Steak W/ Gravy,<br/>Mushrooms, Onions<br/>Rice &amp; Pea</p> <p><b>Supper</b><br/>Sausage Gravy Over a Biscuit<br/>Corn</p> | <p>3. <b>Lunch</b><br/>Pot Roast<br/>Mashed Potatoes &amp; Gravy<br/>Carrots</p> <p><b>Supper</b><br/>Chicken Strip<br/>Tri Tater<br/>Cascade Blend</p>       | <p>4. <b>Lunch</b><br/>Baked Ham<br/>Sweet Potatoes<br/>Edamame Blend</p> <p><b>Supper</b><br/>Tuna and Noodle Casserole</p>                         | <p>5. <b>Lunch</b><br/>Lasagna<br/>Green Beans<br/>Garlic Bread Stick</p> <p><b>Supper</b><br/>Chili<br/>Cornbread</p>                           | <p>6. <b>Lunch</b><br/>Fish<br/>Party Potatoes<br/>Corn</p> <p><b>Supper</b><br/>Homemade Chicken Noodle Soup</p>   | <p>7. <b>Lunch</b><br/>Meatloaf<br/>Baked Potato<br/>Malibu Blend</p> <p><b>Supper</b><br/>Chicken Carnitas Taco Salad</p>        |
| <p>8. <b>Lunch</b><br/>Beef Tips and Noodles<br/>Broccoli</p> <p><b>Supper</b><br/>Bubble Pizza</p>   | <p>9. <b>Lunch</b><br/>Apple Crusted Pork Chop<br/>Au Gratin Potatoes<br/>Asparagus</p> <p><b>Supper</b><br/>Sloppy Joe<br/>Baked Beans</p>                  | <p>10. <b>Lunch</b><br/>Roast Turkey<br/>Oven Browned Potatoes<br/>Carrots</p> <p><b>Supper</b><br/>Beef Stew<br/>Biscuit</p>                                 | <p>11. <b>Lunch</b><br/>Swedish Meatballs<br/>Mashed Potatoes and Gravy<br/>Corn</p> <p><b>Supper</b><br/>Cheeseburger on a Bun<br/>Potato Spudz</p> | <p>12. <b>Lunch</b><br/>Pork Carnita Enchiladas<br/>Spanish Rice</p> <p><b>Supper</b><br/>California Medley Soup<br/>Dinner Roll</p>             | <p>13. <b>Lunch</b><br/>Seafood Basket<br/>Tri Tater<br/>Coleslaw</p> <p><b>Supper</b><br/>Taco Salad</p>   | <p>14. <b>Lunch</b><br/>Fried Chicken<br/>Mashed Potatoes and Gravy<br/>Corn</p> <p><b>Supper</b><br/>Goulash<br/>Green Beans</p> |
| <p>15. <b>Lunch</b><br/>Spaghetti And Meat Sauce<br/>Brussel Sprouts<br/>Garlic Bread Stick</p> <p><b>Supper</b><br/>Sloppy Joe<br/>Baked Beans</p>             | <p>16. <b>Lunch</b><br/>Roast Turkey<br/>Stuffing<br/>Malibu Blend</p> <p><b>Supper</b><br/>Tater Tot Casserole</p>  | <p>17. <b>Lunch</b><br/>Fish<br/>Rice<br/>Capri Blend</p> <p><b>Supper</b><br/>Chicken Alfredo Bake</p>   | <p>18. <b>Lunch</b><br/>Smothered Steak<br/>Au Gratin Potatoes<br/>Peas</p> <p><b>Supper</b><br/>Tomato Soup<br/>Grilled Cheese Sandwich</p>         | <p>19. <b>Lunch</b><br/>BBQ Country Style Ribs<br/>Hash Browns<br/>Cheesy Cauliflower</p> <p><b>Supper</b><br/>Cheese Burger<br/>Baked Beans</p> | <p>20. <b>Lunch</b><br/>Fried Chicken<br/>Mashed Potatoes &amp; Gravy<br/>Green Bean Casserole</p> <p><b>Supper</b><br/>Breakfast Casserole<br/>Cinnamon Roll</p> | <p>21. <b>Lunch</b><br/>Salisbury Steak<br/>Baked Potato<br/>Malibu Blend</p> <p><b>Supper</b><br/>Chili Dog<br/>Tri Tater</p>    |
| <p>22. <b>Lunch</b><br/>Au Gratin Potatoes and Ham<br/>Edamame Blend</p> <p><b>Supper</b><br/>Meatballs in Sauce<br/>Hashbrowns W/ Green Peppers and Onions</p> | <p>23. <b>Lunch</b><br/>Pot Roast<br/>Mashed Potatoes &amp; Gravy<br/>Carrots</p> <p><b>Supper</b><br/>Chicken Strip<br/>Tri Tater<br/>Cascade Blend</p>     | <p>24. <b>Lunch</b><br/>Hamburger Steak W/ Gravy,<br/>Mushrooms, Onions<br/>Rice &amp; Pea</p> <p><b>Supper</b><br/>Sausage Gravy Over a Biscuit<br/>Corn</p> | <p>25. <b>Lunch</b><br/>Baked Ham<br/>Sweet Potatoes<br/>Edamame Blend</p> <p><b>Supper</b><br/>Tuna and Noodle Casserole</p>                        | <p>26. <b>Lunch</b><br/>Lasagna<br/>Green Beans<br/>Garlic Bread Stick</p> <p><b>Supper</b><br/>Chili<br/>Cornbread</p>                          | <p>27. <b>Lunch</b><br/>Fish<br/>Party Potatoes<br/>Corn</p> <p><b>Supper</b><br/>Homemade Chicken Noodle Soup</p>  | <p>28. <b>Lunch</b><br/>Meatloaf<br/>Baked Potato<br/>Malibu Blend</p> <p><b>Supper</b><br/>Chicken Carnitas Taco Salad</p>       |
| <p>29. <b>Lunch</b><br/>Beef Tips and Noodles<br/>Broccoli</p> <p><b>Supper</b><br/>Bubble Pizza</p>  | <p>30. <b>Lunch</b><br/>Apple Crusted Pork Chop<br/>Au Gratin Potatoes<br/>Asparagus</p> <p><b>Supper</b><br/>Sloppy Joe<br/>Baked Beans</p>                 |   |  |  |   |   |

