



July Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meal times Breakfast 7 am-8:30am Lunch 11:30am-12pm Supper 4:30pm-5pm	1. Lunch Pot Roast Mashed Potatoes Gravy Carrots Supper Chicken Strip Tri Tater Cascade Blend	2. Lunch Hamburger Steak W/ Gravy, Mushrooms, Onions Rice Peas Supper Sausage Gravy On A Biscuit Corn	3. Lunch Baked Ham Sweet Potatoes Edamame Blend Supper Tuna and Noodle Casserole	4. Happy 4th of July! Lunch Spaghetti W/ Meat Sauce Green Beans Garlic Bread Supper Chili Corn Bread	5. Lunch Cod Party Potatoes Beets Supper Homemade Chicken Noodle Soup	6. Lunch Meatloaf Baked Potato Malibu Blend Supper Tater Tot Casserole Dinner Roll
7. Lunch Beef Tips and Noodles Broccoli Supper Sloppy Joe Baked Beans	8. Lunch Apple Crusted Pork Chop Au Gratin Potatoes Asparagus Supper Brat on a Bun Chips Malibu Blend	9. Lunch Swedish Meatballs Mashed Potatoes Corn Supper Beef Stew Biscuit	10. Lunch Cookout! Supper Cheeseburger on a Bun Potato Spudz	11. Lunch Pork Carnita Enchiladas Spanish Rice Supper California Medley Soup	12. Lunch Seafood Basket Tri Tater Coleslaw Supper Taco Salad Refried Beans	13. Lunch Fried Chicken Mashed Potatoes and Gravy Corn Supper Goulash Green Beans
14. Lunch Manicotti W/ Meat Sauce Broccoli Garlic Bread Supper Sloppy Joe Tater Tots Sunshine Carrots	15. Lunch Roast Turkey W/ Gravy Stuffing Malibu Blend Supper Chicken Carnita Taco Salad	16. Lunch Butter Crumb Fish Rice Capri Blend Supper Chicken Fettuccine Alfredo W/ Broccoli	17. Lunch Smothered Steak Baby Bakers Cascade Blend Supper Tomato Soup Grilled Cheese Sandwich	18. Lunch BBQ Country Style Ribs Hash Browns Cheesy Cauliflower Supper CheeseBurger Baked Beans	19. Lunch Fried Chicken Mashed Potatoes Green Bean Casserole Supper Breakfast Casserole Cinnamon Roll	20. Lunch Salisbury Steak Baked Potato Peas Supper Chili Dog French Fries
21. Lunch Au Gratin Potatoes and Ham Edamame Blend Supper Meatballs in Sauce Hashbrowns W/ Green Peppers and Onions	22. Lunch Pot Roast Mashed Potatoes Gravy & Carrots Supper Chicken Strip Tri Tater Cascade Blend	23. Lunch Hamburger Steak W/ Gravy, Mushrooms, Onions Rice & Peas Supper Sausage Gravy On A Biscuit Corn	24. Lunch Baked Ham Sweet Potatoes Edamame Blend Supper Tuna and Noodle Casserole	25. Lunch Spaghetti W/ Meat Sauce Green Beans Garlic Bread Supper Chili Corn Bread	26. Lunch Cod Party Potatoes Beets Supper Homemade Chicken Noodle Soup	27. Lunch Meatloaf Baked Potato Malibu Blend Supper Tater Tot Casserole Dinner Roll
28. Lunch Beef Tips and Noodles Broccoli Supper Sloppy Joe Baked Beans	29. Lunch Apple Crusted Pork Chop Au Gratin Potatoes Asparagus Supper Brat on a Bun Chips Malibu Blend	30. Lunch Swedish Meatballs Mashed Potatoes Corn Supper Beef Stew Biscuit	31. Lunch Roast Turkey Oven Browned Potatoes Sunshine Carrots Supper Cheeseburger on a Bun Potato Spudz			

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