



# menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. Hot Beef Mashed Potatoes Beef Gravy Green Bean Casserole  Southwest Chicken Bake	2. Herbed Pollock Long Grain Wild Rice Veggie  Meatballs Country Style Lima Beans	3. Shrimp Breaded Cauliflower  Tator Tot Casserole	4. Roasted Chicken Stuffing & Lima Bean  Grilled Ham & Cheese Sandwich Mac n Cheese
5. Goulash Broccoli Garlic Bread  Pizza	6. Parmesan Crusted Pork Chop Italian Blend Veggies  Pigs in a Blanket	7. Boneless Country Style BBQ Ribs Hash brown Casserole Carrots  Burritos Spanish Rice	8. Beef Stroganoff Noodles Veggie  Baked Chicken Drumsticks Corn Casserole	9. Chicken Alfredo Veggie  Panko Cod Mashed Cauliflower	10. Ham Steak Yams Corn  Cheeseburger Macaroni & Cheese	11. Beef Pot Roast Parsley Mashed Potatoes Beef Gravy Broccoli  Ravioli Breadstick
12. Deli Sandwich Chips  Soup	13. Stuffed Shells Mixed Veggies Garlic Toast  Brat Patty on Bun French Fries	14. Apple Cider Pork Loin Roasted Red Potatoes Peas  Crab Salad Hashbrown	15. Seasoned Baked Cod Baked Potatoes Veggie  Pizza Stick	16. Pork Sandwich Coleslaw Chips  Breakfast Casserole	17. Baked Chicken Mashed Sweet Potato Beets  Hot Dog Baked Bean	18. Spaghetti w/ Meay Sauce Garlic Toast  Breaded Chicken Fillet Chips
19. Raspberry BBQ Ribs Maple Bacon Mashed Sweet Potatoes  Kiebasa Sausage	20. Turkey and Dressing  Sloppy Joe French Fries	21. Roast Turkey Stuffing Broccoli  Chicken Salad	22. Swiss Steak Baked Potato Veggie  Catch of the Day Hash brown	23. Chicken Pot Pie Bread  Ham Grilled Cheese Sandwich Tri Tator	24. Shrimp Pasta Alfredo Parmesan Broccoli  Tuna Melt	25. Rueben's Onion Ring  Pollock Fingers
26. Savory Meatloaf Mashed Potatoes Beef Gravy Green Bean  Loaded Turkey Noodle Casserole	27. Taco Salad  Crab Salad Chips	28. Hot Beef Mashed Potatoes Beef Gravy Oven Roasted Carrot  Southwest Chicken Bake	29. Herbed Pollock Long Grain Wild Rice Veggie  Meatballs Country Style Lima Beans	30. Shrimp Breaded Cauliflower  Tator Tot Casserole	31. Roasted Chicken Cornbread Stuffing & Green Bean  Grilled Ham & Cheese Sandwich Mac n Cheese	

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